Procedure Note – Cortisone

Patient Name: ___________________________ Date: ________

Indication/Diagnosis: ____________________________________________________________

Procedure: Ultrasound guided needle placement
Injection of Cortisone

_____________________________

Side: Right / Left

Site: Shoulder

Specific: Intra-articular / Para-tendon

Subacromial / Para-muscular

Description/Findings: Informed consent was obtained from the patient after the explanation of the risks, benefits, & goals. 1 cc of kenalog & 4 cc of 1% lidocaine without epinephrine was used. The injection site was prepped in the usual sterile manner. Ethyl chloride was used to numb the skin. A Sonosite Xporte ultrasound unit with a variable frequency (13.0-6.0 MHz) linear transducer was used to successfully localize the placement of a 22-gauge needle into the site. The cortisone was injected into the site. A bandage was placed over the injection site. The patient tolerated the procedure well and was scheduled for follow up.

Notes:

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