Procedure Note – Platelet-Rich Plasma

Patient Name: ___________________________ Date: __________

Indication/Diagnosis: __________________________________________

Procedure: Autologous blood harvest
Preparation of Platelet-rich Plasma (PRP)
Ultrasound guided needle placement
Injection of Platelet-rich Plasma (PRP)

Side: Right / Left

Site: Shoulder

Specific: Intra-articular / Intra-muscular / Intra-tendon
Sub-acromial / Para-muscular / Para-tendon

Description/Findings: Informed consent was obtained from the patient after the explanation of the risks, benefits, & goals. 10 cc of autologous blood was harvested from the patient. It was prepared using the Arthrex ACP Double Syringe System standard technique. 3 cc of platelet-rich plasma (PRP) was drawn into the smaller syringe. The injection site was prepped in the usual sterile manner. Ethyl chloride was used to numb the skin. A Sonosite Xporte ultrasound unit with a variable frequency (5.0-10.0 MHz) linear transducer was used to successfully localize the placement of a 22-gauge needle into the site. The PRP was injected into the site. A bandage was placed over the injection site. The patient tolerated the procedure well and was scheduled for follow up.

Notes:

Alan M. Hirahara, MD, FRCSC ___________________________